

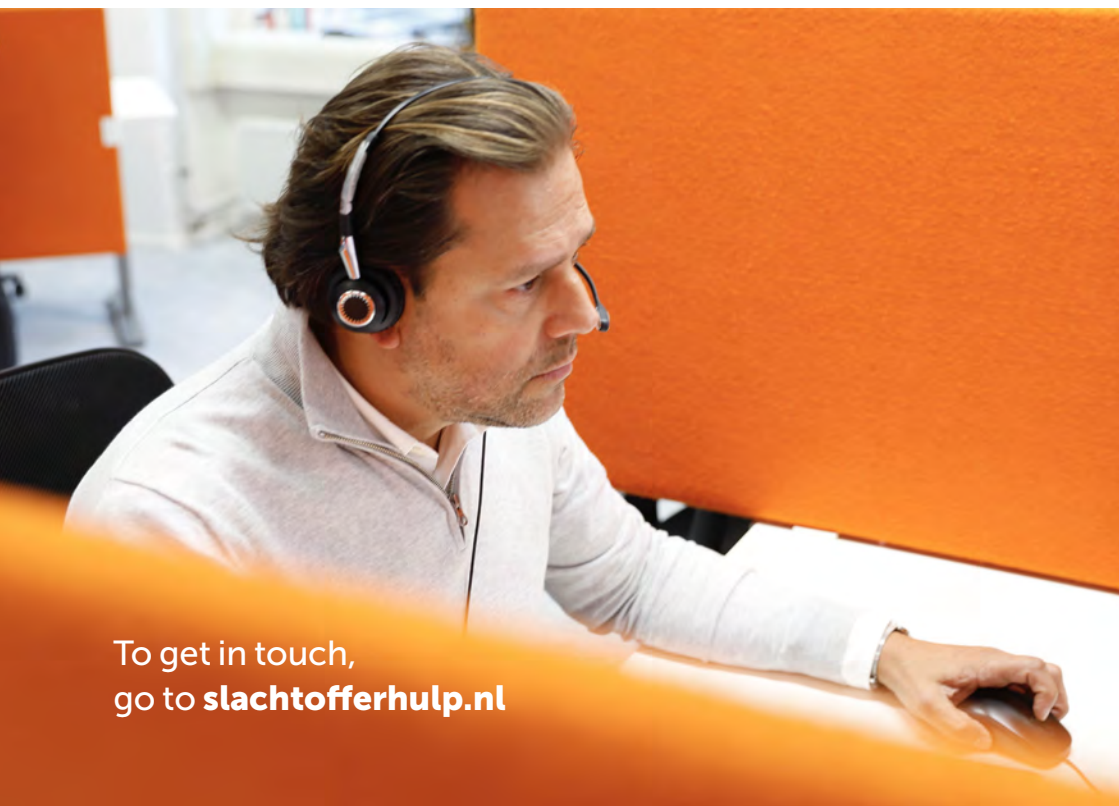
A photograph showing a person in a white lab coat, likely a healthcare professional, with their hand on the shoulder of a person wearing a maroon jacket. The person in the lab coat is looking down at the other person, suggesting a moment of care or support. The background is blurred.

**Something
has happened
to you.
What now?**

Remember, you are not alone

Experiencing a criminal offence, road traffic accident or disaster can have a huge impact. You may find it difficult to carry on or cope with the consequences. What can you do? Is it normal you that you should be feeling like this? What are your rights? How can you claim compensation?

We provide support to victims, surviving relatives and loved ones, witnesses and others affected by criminal offences and (personal) disasters. You can call upon us for emotional support, assistance in criminal proceedings and in seeking damage compensation. Even if all you want to do is talk about what has happened or if you have questions, you can still reach out to us. People who want to help others can also count on our support and advice.



To get in touch,
go to slachtofferhulp.nl

What can you do?

We can offer a sympathetic ear and can explain your options to you. Our support is available throughout the Netherlands, and is always free of charge. Whenever you need it and in a way that best suits you. You can even maintain remain anonymous, if you prefer.

Emotional support

When you find yourself in an intense situation, you may experience an emotional or physical response. We are there to listen to you, and to offer you advice on how to deal with stress and any other problems you may be experiencing.

Assistance for filing police reports and in criminal proceedings

We will help make a decision on whether or not report an incident to the police. We can also assist in preparing you for that process. Later on, we can explain how criminal proceedings work in the Netherlands, and inform you of your rights.

Claiming compensation

If you have suffered damages, you will of course want to be compensated. We can help you determine the extent of your damages and advise you on where you can seek compensation and from whom. We will also help fill out the necessary forms.

Contact with fellow victims

In our victim support groups, you can share your experiences and put your questions to others in similar situations. Online or on location. You are also welcome to attend as a witness or if you are involved in some other way.

slachtofferhulp.nl/lotgenoten



How can you help someone else?

If someone in your immediate environment has undergone a disturbing or emotional experience, you will be keen to help as effectively as possible.

Surf to **slachtofferhulp.nl/voordehelpers** for information about what you can do.

For example:

- ✓ Checklists for things you can do.
- ✓ Tips for an appropriate response.
- ✓ Free online course about what works in victim support.



How to reach us

Call 0900-0101 (subject to standard call charges)

From Monday to Friday between 08.00 and 20.00 hours

On Saturday between 10.00 and 17.00 hours

Chat with us: slachtofferhulp.nl

Follow us on social media



Scan QR code for other languages



Victim Support the Netherlands
Moving forward, today